



# TRANSPORTATION AND BORDER CROSSING GUIDE

It is your group's responsibility to provide transportation across the border as well as within Mexico.

Amor, if requested, can contract in-country transportation on your group's behalf.

## PASSPORTS

Mexico requires a valid passport or passport card to enter.

At the present time, Mexico requires all people, regardless of age, to have a valid passport when entering their country.

## VEHICLE RENTAL AGENCIES

Here are a few vehicle rental companies in San Diego that have worked with groups in the past.

Amor does not endorse any particular rental agency

[www.missionrentavan.com](http://www.missionrentavan.com)  
619-387-8267

[www.sandiegorentavan.com](http://www.sandiegorentavan.com)  
619-297-5555

[www.asaprentavan.com](http://www.asaprentavan.com)  
858-278-9889

## FOR MORE INFORMATION

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Mexico.html>

## MEXICAN AUTO INSURANCE

Every vehicle and trailer needs Mexican auto insurance prior to crossing the border.

We recommend [www.bajabound.com](http://www.bajabound.com)

## Looking for long-term parking in San Diego?

We suggest the Best Western Americana Inn. They charge \$20/day/vehicle.  
815 W San Ysidro Blvd, San Diego, CA 92173  
619-428-5521

## TRAILERS

# VS

## BOX TRUCKS

At this time, there are no restrictions on trailer size or style. Trailers must have plates and proof of current registration.

Box trucks are considered commercial vehicles and require additional paperwork weeks ahead of your arrival.

To reduce the volume of gear you are bringing into Mexico, we suggest renting tools and using La Cocina or Baja Cooks for camp meals and tent rental.

# VEHICLE OPTIONS FOR CROSSING

Below are some ideas that groups have used in getting themselves and their cargo across the border. Please out to your Amor Trip Coordinator to let them know what vehicles you are bringing.

- **Box trucks require additional paperwork prior to your arrival. Please notify your Amor Trip Coordinator ASAP if you plan to use a box truck. Personally owned buses are not able to cross the border.**
- For a large amount of cargo, we recommend trailers, cargo vans, or RVs. There are several rental companies in the San Diego area that allow them to cross into Mexico.
- 15 passenger vans are always a great idea! Some groups will take out the last seat to make room for cargo.
- Personal vehicles (i.e. trucks, SUVs, sedans, etc.) always work! All vehicles and trailers must be plated and have current registration.
- Keep in mind that the mode of transportation that you use in getting to your check-in location may be different than your transportation for crossing and/or in Mexico.

## FMME (optional)

(Forma Migratoria Multiple Electronica)  
**Individual Migration Form**

You will likely be required to walk through immigration. You can save time by completing the FMME prior to your trip. Fill in and print your form before you arrive.

### FMME Website

<https://www.inm.gob.mx/fmme>

### Instructions for filling out the FMME

<http://www.amor.org/trips/tripforms>

## SUPPORT VEHICLE

**Groups should have at least one support vehicle in Mexico if using hired charter buses or Mexican buses.**

**Amor reps are able to lead a medical evacuation if needed, but groups must drive the injured party to the hospital in their own vehicle.**

## US CHARTER BUSES

Hired buses through a charter company are easily allowed to cross into Mexico. Hired charter buses can provide pick-up from your home city, the airport, or other locations and take you across the border to camp.

**Please let your Amor Trip Coordinator know if you are using hired charter buses so that we can plan accordingly.**

### *Recommendation*

**High Point Travel Broker**

**[www.highpointgo.com](http://www.highpointgo.com)**

**Zach Douglas**

**972-284-1318**

**[zach@highpointgo.com](mailto:zach@highpointgo.com)**

## MEXICAN BUS RENTAL

Mexican buses (aka “factory buses”) can be hired to transport your group from/to the border as well as each day to/from your worksite and camp.

**This service is booked through Amor so please let your Amor Trip Coordinator know if you want to use Mexican buses.**

# FOOD CROSSING THE BORDER

The Mexican border has certain restrictions when it comes to food crossing into their country. If your group is opting to do cooking on your own, you need to take the below items into consideration:

- **Fruits, vegetables, meats and dairy products are the restricted items.**
- However, some of the above items can be brought if they are in small quantities, split amongst vehicles and in their original packaging. Your Amor Trip Coordinator can provide you with more detailed resources on what these items are and the quantities allowed.
- Your group is responsible for your own food which includes bringing, shopping and preparing the items you need. Amor can help direct you to local grocery stores.
- You can select La Cocina or Baja Cooks for one meal or several meals to supplement your own meals.

## GROCERY STORES

### OTHER IDEAS

**Little Caesars Pizza:** Puerto Peñasco and Tijuana have this option—similar to the US, they have a carry out option at a reasonable price.

**Pollo Restaurants:** several restaurants with the name “pollo” will sell you larger portions of chicken (think rotisserie) which you can split amongst more people.

**Taco Shops:** there is no shortage of taco shops in any area—you can ask your Amor rep for recommendations on where to take your group.

**Tacos in Camp:** in our busier weeks, a taco vendor may be brought into the camp (next to the Amor Store) where all groups can purchase tacos. You can also request a taco vendor for your group at your camping area. Most vendors will require a minimum amount of spend for this option. You can inquire with your Amor Trip Coordinator for more details.

#### Puerto Peñasco

- Sam’s Club: requires a Mexican membership (around \$45 USD)
- Other options like Ley Express or Bodega Aurrera.

#### Tijuana

- Sam’s Club: requires a Mexican membership (around \$45 USD)
- Costco: accepts US memberships
- Walmart
- Other options like Aprecio, Super Ley, Calimax or Bodega Aurrera.

***Most of the above stores have online services that allow you to see products in their stores.***

***Like the US, some of them allow for online shopping and you can pick up at the store.***

**Consider La Cocina or Baja Cooks for a meal on arrival or departure to help your cook team have time to shop or break down the kitchen. Another option is to have a small team have an early arrival with Amor in order to shop and prepare ahead of the larger group.**