



# INDIVIDUAL PARTICIPATION FORM INSTRUCTIONS

*Everyone will use the same link, found on our website:*

*<https://amor.org/participation-form/>*

## **18 Years & Older**

1. Go to [www.amor.org/participation-form](http://www.amor.org/participation-form)
2. Select your group's name from the drop-down menu
3. Select your group's leader and trip dates from the drop-down menu, click "Next"
4. Fill out the corresponding information and click "Next"
5. Read and sign the form then click "Submit"

## **17 Years & Younger**

**Participant and parent/guardian should be present and sign the form at the same time.**

1. Go to [www.amor.org/participation-form](http://www.amor.org/participation-form)
2. Select your group's name from the drop-down menu
3. Select your group's leader and trip dates from the drop-down menu, click "Next"
4. Fill out the corresponding information and click "Next"
5. Read and sign the form for yourself as the participant. Your parent/guardian will need to read and sign the form your themselves. Once both of you have signed, click "Submit".

**You and your group leader will receive an email once you've completed the form.  
You do not need to print the confirmation email.**